

GEAR UP Activities

As a GEAR UP student, you are required to complete one level one activity per year (must be a rigorous academic class or preparation) and two level two activities (three hours or longer) per school year and/or summer.

Level One Activity Examples

- Tutoring
- Test Preparation - High School Proficiency, College Entrance Exams
- Summer School
- Upward Bound
- Talent Search
- Enrollment in Honors/Advanced Placement classes
- Dual credit college classes/Early Studies Program
- Correspondence/Distance learning classes
- Magnet School/Program
- Foreign Language class
- Upper Level Career Technical Education Courses/Programs
- ROTC
- Service/Community Learning (minimum of 45 hours)
- Close-Up with preparation class/club
- Supplemental Programs, with approval based on criteria to be determined

Level Two Activity Examples

- Co-curricular Activities
- Academic, College and Career Counseling
- Mentoring
- Family and Community Engagement
- Peer Support
- Incorporation of students' cultures
- Career Fairs
- College Fairs
- College Counseling
- Parent/Family Meetings about college entrance and GEAR UP
- College Visits
- Summer College Visits or College Camp
- Financial Aid Workshops
- Financial Aid Training
- Validated/approved academic plan, i.e., Graduate Profile Booklet, LINKS, Portfolio
- Validated/active participation in school-sponsored extracurricular activities that require a minimum GPA above 2.0 for participation, including sports
- Community Service or Service Learning
- Multicultural Events
- High School Orientation Programs
- In-class GEAR UP Presentation
- Girls State and Boys State
- Junior Achievement
- Supplemental Programs, with approval based on criteria to be determined

STUDY SKILLS...Getting off to the Right Start

Be Prepared

- Take complete and accurate notes at school.
- Keep agenda up to date with homework assignments, tests and project due dates.

Be Organized

- Schedule study time, be consistent and if possible, study at the same time each night.
- Create a study area i.e.: desk, table with needed supplies.

Be Realistic

- Effort equals achievement. Homework takes time when completed correctly. Do not under estimate the amount of time it will take you to complete an assignment.

Have You Moved?

Be sure to let GEAR UP know if you ever change your address. That way we can continue to contact you for these and other exciting college-prep activities. Please send your address change to your

4 GEAR UP school or to: lfrankel@nsn.k12.nv.us

GEAR UP PARTNERS

College Partners

University and Community College

System of Nevada

Board of Regents

Agency Partners

Nevada State Treasurer

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Nevada Department of Education

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Gear Up Grapevine

Gaining Early Awareness and Readiness for Undergraduate Programs

Fall 2003

Volume 1, Number 4

GEAR UP HIGH SCHOOLS

Clark County

Clark-Mojave

Desert Pines

Palo Verde

Rancho-Valley

Western-Cheyenne

Cimarron/Memorial

Eldorado

Las Vegas Academy

Southern Nevada Vocational

Technical Center

Advanced Technologies Academy

Elko County

Owyhee

Lyon County

Yerington

Humboldt County

McDermitt

Mineral County

Mineral County

Nye County

Gabbs-Beatty

Tonopah

Washoe County

Hug



GEAR UP Summer College Camp

The GEAR UP Summer College Camp is now behind us, however the experience and education gained will remain with all who attended. GEAR UP students participated in many classes and activities at the camp which will assist them in making educated and productive choices in the future.

The GEAR UP Summer College Camp was held in two sessions. Session one was June 23 - June 27 and session two was June 30 - July 3. GEAR UP students came from throughout the state to attend. The camp was headquartered at UNR and the students stayed in the Nye Hall Dormitory on the UNR Campus. The camp classes and activities were held at UNR and various locations throughout Reno/Sparks and Lake Tahoe.

GEAR UP PADRES

Gear Up es un programa de apollo a los estudiantes y padres con información y actividades para prepararlos para el colegio.

Suéñelo

Créalo

Lógrelo

Favor de llamarle al consejero escolar de su hijo/hija para la información acerca del Programa Gear Up.

Gear Up Contacts

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GEAR UP ...

Summer College Camp (continued)

Students selected from a variety of classes, depending on their individual interests. Class choices on the UNR Campus included Engineering, Journalism, F.B.I., Drawing, Dance, Nutrition, Computer Books, TV and Media, Medical, Mining and Crime Scene. Off campus class choices were Weather at the Desert Research Institute, Fire Academy at the Northwest Fire Station and a visit to the Washoe County Court House. The students all participated in a variety of group activities. They including a True Color presentation (a lesson in self discovery), Planning Your Future: Academic, Financial and Career, and a Music Petting Zoo (an introduction to a variety of musical instruments). All students attended Project Discovery at Sky Tavern on the Mount Rose Highway. This was an exciting day of rope courses and outdoor activities that taught students about leadership, problem-solving, self-reliance, teambuilding, communication and decision- making. The day ended with a barbecue at Burnt Cedar Beach at Lake Tahoe.

The GEAR UP Summer College Camp can be summed up in one word-AWESOME!



GEAR UP ...

9th Grade Orientation

The Clark County GEAR UP class of 2007 has taken the huge transitional step from middle school to high school. That means changes in many aspects of school and life for the GEAR UP cohort. Because of zoning patterns in Las Vegas and North Las Vegas some of the middle schools cohorts have been split among more than one high school. Additionally, approximately 100 GEAR UP participants enrolled at A-Tech, Las Vegas Academy and Vo Tech. While the magnet schools are not officially GEAR UP schools, all these students are still part of GEAR UP. While some students have said "so long" to close friends, there is also the excitement of new friendships and experiences.

August was the beginning of high school with freshman welcome activities planned at all thirteen of the schools that have significant GEAR UP populations.

The thirteen schools include Palo Verde, Clark, Cheyenne, Cimarron-Memorial, Desert Pines, Eldorado, Mojave, Rancho, Valley, Western and three magnet schools; A-Tech, Las Vegas Academy and Vo Tech. The week before classes began students from all points of the valley made their way to high school. Often parents or guardians and siblings accompanied them. All were eager to check out the new learning environment.

Each school has an assigned GEAR UP site coordinator, and each school has many activities planned for the fall semester. The GEAR UP district wide coordinator is Marj Robinson and she can be reached at Clark High School (702) 799-5800 ext. 228 or e-mail mbr352@interact.ccsd.net.



www.collegeispossible.org

This is a resource guide for parents, students, and education professionals. It provides information about preparing for college, choosing the right college, and paying for college.

www.mapping-your-future.org

Provides helpful information about college and career planning, and has sections for middle to high school students and parents.

www.collegelife.about.com

This site provides information about various aspects of college life from the viewpoint of current college students. Topics include academics, athletics, living options, what to bring, Greek Systems, social life, and more.

usafunds.org

This site provides helpful information for students and parents about planning and paying for college.

